How Pharmacists Are Willfully or Fearfully Preventing Physicians from Treating COVID patients



I am exhausted: physically, emotionally and morally. Although I am not sure moral exhaustion is "a thing," the daily witnessing of masses of physicians and pharmacists abandoning their core responsibility of placing the welfare of the patient as their primary consideration...is beyond wearying.

In the United States of Pharma, individual docs and pharmacists have been led so far astray, forgivably or unforgivably, due to the relentless barrage of disinformation targeted at them by the federal pharmaceutical regulators (further supported by relentless, daily propaganda appearing in both major media and medical journals).

Let us be clear about the rule and tradition. In the U.S., doctors are permitted to prescribe any medicine that has been approved by the FDA, even for indications the medicine was not originally approved for. Such "off-label" prescribing is both legal and historically encouraged by the FDA.

Pharmacies are there to fill prescriptions, and in only rare circumstances and in only a handful of states do they have the right to refuse to fill a valid prescription. Otherwise, what medicines are deployed, for whom, and for what purpose, is a matter between patient and doctor. This is the long-standing rule.

This principle has been violated now for almost two years. It has created a labyrinth of confusion over basic and welltested therapies for dealing with a virus that can be very serious for many.

It is no longer the case that any doctor can depend on any pharmacist to distribute safe and effective medicines. They are very likely now to say no and they do so as a result of having been unfairly intimidated by the threatening memos issued by federal agencies and the state medical and pharmacy board. These reprehensible actions are just the latest salvo in the pharmaceutical industry's decades-long war on offpatent, repurposed medicines.

What prompts me to write this was my most recent failure (and the resulting distress that led to terrible sleep last night) over not being able to get a pharmacist to fill my orders in the hours prior to closing of pharmacies for an acutely ill COVID patient that had contacted me reporting high fevers, sore throat and body aches.

I immediately wanted to start him on a short course combination regimen of three, old, safe, cheap generic medications, all with <u>large clinical trials evidence</u> <u>bases</u> showing high efficacy against COVID (ivermectin, hydroxychloroquine, fluvoxamine). What is important to note is that months ago I stopped trying to contact ANY pharmacy unless I KNEW they would fill my scripts for these offpatients medications because unless I knew a pharmacy was "safe," I ran a high probability of entering an un-affordably time-wasting and ultimately losing argument with some smug, obstinate pharmacist.

As a result, we early treatment docs have long since been forced to build lists of "safe haven" pharmacies where we know we can easily get access to these medicines for our patients.

However, last night, I was inspired to make an attempt on a new, unknown pharmacy on behalf of my new patient as I had just read <u>Steve Kirsch's substack</u> about my colleague and early COVID-treatment pioneer/expert Dr. Brian Tyson, in which was included the letter written by Dr. Brian Tyson's attorney (also with the last name Tyson) that was used to "sway" a local pharmacy that had suddenly refused to fill.

The letter is thorough, deeply well-argued, and informs the pharmacists that they are; 1) violating the civil rights of patients, 2) interfering with a physician's ability to practice medicine and 3) exhibiting behavior that constitutes the unlicensed and negligent practice of medicine.

Now, I had argued all these points before in previous "conflicts" with pharmacists, but never all at the same time and rarely threatening a lawsuit. Duly and newly emboldened...I made the call.

4:20 Pacific time (pharmacies close there at 6 p.m).

Transcript (from memory):

"Hi, I'd like to call in a prescription for a couple of patients."

"OK, what's the first patient's name and date of birth?"

"Timothy Thomas (not his real name), born Nov. 6th, 1977."

(pause, clacking of keyboard)

"OK, what does he need?"

(Wait for it...)

"He needs ivermectin, 3-milligram tablets, I want him to take 15 each day as he is a big guy, and for 5 days with a refill. Then he needs, hydroxychloro...

"Doctor, I am sorry but I cannot fill the ivermectin. The owner has said we are not to fill for COVID, there is no evidence it works."

"Listen, I don't know who the owner is but you are the pharmacist on duty, and I am calling in a prescription to you, not the owner."

"I, I, I am sorry but I can't…"

I look at the letter, and then start spewing rapid-fire arguments at him, "well unfortunately for you, my patient is an executive of a company and their lawyer is prepared to and will send a letter of intent to sue if it has not been filled because you are violating his civil rights, blocking my licensed ability to practice medicine and care for my sick patient and you are clearly practicing medicine illegally and highly ignorantly. You should at least know what you are doing if you are going to do it without a license man."

"But I am allowed to refuse, doctor."

"That is what you think and what you have been told... But, I can promise you, that when you bring your arguments up in court as to why you refused, they will not hold up if any harm comes to my patient by your refusal. They will NOT HOLD UP, but you can try. The lawyer will serve the letter on Monday, I promise you, we are fed up out here and are fighting back, all of my fellow physicians being blocked by pharmacists are now using legal action (OK, so I overstated things a bit), I am sorry you are in the position you are in, but you have no

rational or scientific evidence to support a refusal, but if you want to go to court to find out, we can make that happen for you"

"I...I..feel intimidated."

"Well, I am sorry for that, but you are hurting my patient and my ability to care for them. It is THEY who YOU are intimidating Sir. All you have to do is take my script, fill it and we don't have to go on like this. These medications are FDA approved, I am using them off-label based on a large body of evidence and experience in COVID, and off-label prescribing is both legal and historically encouraged by the FDA. You are clearly practicing medicine and I promise that will be proven to you in a court of law. Please just fill it and you won't have to hear from me or my patient again."

(Pause, silence)

"I cannot do it, I am not supposed to."

"OK then, I will also remind you that you are legally required to provide me your name and license number as we will be pursuing legal action against you."

"I am not giving you my name, I am not comfortable with that."

"OK, so you think I can't find it out? Fine, I am also documenting this refusal. Again, I am not interested in a contentious argument, I am asking you simply to fill the prescriptions for two sick patients who need my help, and if you do, you won't have to hear from me or the patient's lawyer."

He whispers, "OK, tell me the rest of the prescriptions."

I tell him the rest, then say, "my patient will be there by closing time, thank you and I apologize for my tone but I am just trying to do the best for my sick patients."

Victory? Yes! Haven't won one of these in months.

I finish telling him the rest of the scripts for my patient and his wife (I also needed to call in medicines for her so she could have some on hand and also begin ivermectin as a prophylactic agent given it <u>ensures an easier course</u> even if she is already or eventually becomes infected).

I then happily call the patient, tell him to get his wife to pick up the medicines along with the other over-the-counter compounds that have clinical trials supporting their use. And then I go to the couch to literally lay down (insane day of dozens of patient care requests, other zooms and phone calls, maybe 12+ hours on the phone).

Thirty minutes later...patients texts me. My wife went there and the pharmacist won't fill.

Now, despite the fact that I co-wrote a document with Executive Director Kelly Bumann of the FLCCC and Unity Project Founder Jeff Hanson, called "<u>Overcoming the Barriers to</u> <u>Access</u>," which is a document full of sound, pragmatic tactics and dialogue examples offered to patients (and docs) in order to help them navigate such pharmacist obstructions, they typically will not work when it is an hour before closing on a weekend.

So, here I am the next morning. Fortunately, I was able to get two of the medicines filled through another pharmacy, with enough for his wife as she unsurprisingly fell ill overnight (omicron moves fast). Unfortunately, they will have to wait until tomorrow to get the third medicine from a "friendly" or "underground" pharmacy (not really underground but you get the analogy).

This is what it is like out here trying to fight for patients sick with COVID – widespread delays in care as blocking access to generic or "repurposed" medicines by ignorant/arrogant pharmacists is ubiquitous. The majority of pharmacists (not all!) have simply stopped thinking critically or devoting effort to review the evidence base, instead simply believing what they are told by their Boards (a.k.a. their "Ministries of Truth"). As if the insane numbers of ill omicron patients to care for is not challenging enough.

In the words of Louisiana Attorney General Jeff Landry, who went after his state's Pharmacy Board when they tried to scare the state's pharmacists away from prescribing ivermectin by sending them threatening letters, "it is shocking that pharmacists are suddenly developing a conscience after spending the last decade handing out opiates like they were M & M's."

Well said and tragically absurd.

This newfound conscience influencing such actions is likely further fueled by a sometime resident psychology of pharmacists who may feel "less than" a physician given their limited scope of patient care tasks.

Emboldened by a seemingly legal opportunity to assert superiority and control over physicians, many find these irresistible. Consequently, they seem to be "getting off" from telling the "stupid" doctors that the Ministry of Truth has done the research for them and the Ministry has found, that in the name of science, doctors should stop using "ineffective horse de-wormer" to treat COVID.

Just another day in the life of an early COVID treatment expert.

A version of this article appeared on the <u>author's substack.</u>